



THE CATHEDRAL OF
ST. STEPHEN

*Incorporating the worshipping community
of St Patrick's Fortitude Valley*

FOURTH SUNDAY OF LENT

Year B

Weekend of March 10/11, 2018

I must admit that growing up one of the most difficult things I had to do each day was get out of bed! I was always just so tired. If only I could get just another 15 minutes sleep! I did not improve that much in the seminary, always late or sleeping in for Morning Prayer in the chapel. **And I can guarantee you that if I was having that much trouble getting out of bed there was no chance of me making my bed in the morning!** The sad reality was the bed I got out of in the morning was in the same state when I went to bed that night.

I don't know when I changed, but at some point I must have made a conscious and deliberate decision to make my bed in the morning. **And it has made all the difference!** I know it only takes a few minutes, but these days I would not dream of leaving my bedroom in the morning without making my bed. **That is significant because it is the first challenge I have to face each day and, importantly, I accomplish it.**

Having accomplished successfully my first challenge I am inspired to meet the next challenge of my day with confidence. It might be to clean another room, empty the dishwasher, complete some correspondence, tackle a work situation head on, make a phone call that I have been putting off, confront an issue that has lingered far too long. Starting the day by making my bed somehow makes me feel a little more motivated and productive.

Also, when you consciously and deliberately make the decision

to make your bed in the morning it is almost a subconscious Lenten resolution. Making my bed is the first step in dealing positively and creatively with all the other things in my daily life that weigh me down, drain me of energy, overwhelm me so much that I try to put them off until another day.

Now I know that I am probably "preaching to the converted" because everyone in our Cathedral Parish makes their bed every morning! But if you are like me you do it by rote, it is done without even thinking of the consequences or implications. A Lenten discipline could be to use your bed making as the deliberate springboard for tackling all the other challenges and decisions of your day. It might even give you the motivation to deal with the clutter of your lives which distracts you from the things and values of God.

Losing perspective and being smothered by all the perceived demands of daily life is a risk we all face. This Lent we will never discover the joy and hope of God's presence in our lives if we are too preoccupied with all the things that we have not done or put off because they are just too hard. **It is never too late to start!** In these remaining days of Lent, if you want to make time for God and focus in on what is important in your life, then perhaps being conscious of making your bed in the morning is a good place to start!

Wishing you every blessing for the fourth week of Lent.

Fr Peter Brannelly

Most Reverend Mark Coleridge

Archbishop of Brisbane

Fr Peter Brannelly; Fr Odinka Nwadike; Fr Thomas Ismoyo

Cathedral Office Telephone: 3324 3030 Cathedral Email: cathedral@bne.catholic.net.au

Mass Times this week

Monday to Friday 8.00am Chapel; 10.00am Cathedral; 12.30pm Cathedral ; 5.10pm Chapel
Saturday 8.00am & 11.30am (St Patrick's Day)

Sunday

Cathedral of St Stephen Saturday 6.00pm (Vigil Mass)
Sunday 8.00am; 10.00am (Solemn Mass); 12 noon; 7.30pm
St Patrick's Fortitude Valley Sunday 9.00am; 12 noon

Reconciliation

Monday to Friday 10.30-11.30am; 1.00-1.30pm; 4.30-5.00pm
Saturday 10.00-11.00am; 4.30-5.30pm

Stations of the Cross

Friday 10.30am

Exposition

Monday to Friday 12.15pm

Benediction

Monday to Friday 10.30am – 12.15pm



St Vincent de Paul Society
QUEENSLAND
good works

Soup and bread rolls

Every Friday during Lent, 12.30-1.30pm under the veranda of Mercy House our local Vinnies will be hosting soup and bread rolls.
Your donation will enable Vinnies to help those who have come off second best in our local community.



SAFEGUARDING CHILDREN & VULNERABLE ADULTS

A Safeguarding Children & Vulnerable Adults session is being held on **Thursday 15 March commencing at 10.00am** in the Hanly Room for the new trainee Cathedral Guides & Welcomers. All Readers and Eucharistic Ministers are encouraged to attend this session. RSVP is essential to cathedral@bne.catholic.net.au

ST PATRICK'S DAY MASSES

Two Masses will be celebrated for St Patrick's Day at the Cathedral on **Saturday 17th March**. At **8.00am**, **Fr Gerard McMorrow** will celebrate Mass for the Brisbane Irish Festival and **Archbishop Mark Coleridge** will celebrate our regular **11.30am Mass**.

STATIONS OF THE CROSS

Stations of the Cross; 10:30am each Friday during Lent.

BRISBANE STATIONS OF THE CROSS

You are invited to join with other inner city churches on **Sunday 18 March 2018 from 3.00pm** commencing at St John's Cathedral and concluding at St Stephen's, to walk the Brisbane Stations of the Cross. This Stations project seeks to engage with the Brisbane CBD and churches across the city and present a way of tracing the story of Easter in our place and time.

CATHEDRAL HIGH TEA – 3RD SUNDAY OF THE MONTH



Next weekend, **17/18 March** following Mass on **Saturday evening**, join our 6pm Mass crew in the Hanly Room for a cuppa and nibbles. On **Sunday** following the 8.00am & 10.00am our Cathedral High Tea will be held. Join us outside the Francis Rush Centre for coffee and donuts and enjoy fellowship with your fellow parishioners. 12 noon parishioners are invited to come early and join the 10am parishioners.

CHRISM MASS

Archbishop Mark Coleridge invites you to the Annual Chrism Mass to be held in the Cathedral of St Stephen on **Thursday 22 March 2018 commencing at 7.00pm**. This is a celebration for the entire Archdiocese and all are welcome.

CATHOLIC PSYCHIATRIC PASTORAL CARE

CPPC is seeking Catholics with the ability to relate personally and spiritually to those suffering from mental illness. A volunteer training course runs each Wednesday 9am-3.30pm from 2 May to 21 November 2018. Upon graduating volunteers commit to eight hours ministry per week across day centres, hospitals and hostels. Applications close **Friday 20 April 2018**. Written applications to: Fr Jim Smith, 58 Morgan Street, Fortitude Valley 4006. Email: cppc@bne.catholic.net.au. Phone 3252 5461.

PLANNED GIVING PROGRAM

At the entrance to the Cathedral you will discover information about our Cathedral Planned Giving Program. Everyone is invited to financially support the work and mission of St Stephen's. Your financial support is appreciated.

SACRAMENTAL PROGRAM

FOR YOUNG PEOPLE IN GRADE 3 AND ABOVE.

On **Sunday morning, April 22nd**, at 9am at the Hanly Room, there will be a parent information session where young people of our parish have the opportunity to be enrolled in the Cathedral Sacramental Programme. Baptised children in Grade 3 and above are eligible to be enrolled and prepare for the sacraments of Confirmation and First Eucharist.

At this parent information session the preparation will be outlined and questions answered. We will be utilising the programme developed by Liturgy Brisbane. Based upon the sacramental guidelines of the Archdiocese, the sacramental preparation is a collaborative process that is parish based and family centred.



THE CATENIANS

Strengthening family life through friendship and faith

The Catenians are coming to the Cathedral. They will be joining us for a Cathedral sponsored high tea following the 8.00am & 10.00am Masses next week.

They would like to talk to you, the good men of St Stephen's, and invite you to attend their next meeting & dinner.

The Catenians are an Association of Catholic men spread throughout many parts of the world, a number of whom are already involved in their Parishes in one way or another—St Vincent de Paul, senior servers, wardens, or as members of parish councils.

They meet at least once a month to share a meal, charge their spiritual batteries & enjoy each others' company.

They will be outside after Mass near the coffee & donuts, so please make yourself known to one of them. You may be pleasantly surprised at what you learn.

GROUPS VISITING THIS WEEK

We welcome the following school groups to Mass and a tour of the Cathedral precinct this week:

St Finbarr's School, Ashgrove,
St Matthew's School, Cornubia

Southern Cross Catholic College, Kippa Ring

IN TRANSITION

With joy we welcome Athos Myllymaki, Talia Faalafi & Roland Arachi who were baptised at St Stephen's Cathedral this weekend.

MUSIC AT THE CATHEDRAL

The music is drawn from the Catholic Worship Book II for all Masses, available from our Welcomers at the entrances or on the pew seats. The Cathedral Choir sings the 10am Solemn Mass and the Cathedral Schola sings the Noon Mass. Music at other Masses is led by a cantor and organist.

	6:00PM (Sat) 8:00AM (Sun)	12:00PM	7:30PM
Processional	CWB 377	CWB 288	CWB 536
Kyrie	CWB 4b	Mass in the Dorian Mode, Howells	CWB 4b
First Reading	<i>Chronicles 36:14-16, 19-23</i>		
Responsorial Psalm	<i>Ps 136</i>		
 <p>℞ O let my tongue cleave to my mouth if I re-mem-ber you not.</p>			
Second Reading	<i>Ephesians 2:4-10</i>		
Gospel Acclamation	<i>John 3:16</i>		
 <p>℞ Praise to you, Lord Je-sus Christ, King of end-less glo-ry.</p>			
Gospel	<i>John 3:14-21</i>		
Offertory Hymn			CWB 582
Sanctus	CWB 11a	CWB 11a	CWB 11a
Memorial Acclamation	CWB 12a		
Agnus Dei	CWB 17a	Mass in the Dorian Mode, Howells and CWB 77	CWB 17a
Communion Hymn	CWB 292	CWB 301	CWB 505
Recessional Hymn	CWB 295	CWB 292 (v.1)	CWB 289

OFFERTORY MOTET, 12pm Mass

God so loved the world that he gave his only begotten Son that whoso believeth in him, should not perish but have everlasting life. For God sent not his Son into the world to condemn the world, but that the world through him might be saved.

John Stainer (1840-1901)

COMMUNION MOTET, 12pm Mass

Ave verum corpus, natum de Maria Virgine: Vere passum immolatum in cruce pro homine, cuius latus perforatum, unda fluxit sanguine; Esto nobis prægustatum in mortis examine. O dulcis, O pie, O Iesu Fili Mariæ: miserere mei.

Hail, true body, born of the Virgin Mary; which truly suffered, offered on a cross for mankind; whose pierced side flowed with water and with blood: be for us a foretaste in the trial of death. O sweet, gracious Jesus, son of Mary, have mercy on me.

Richard Dering (c.1580-1630)



Project Compassion

Evangeline featured in Project Compassion 2016. With the support of Caritas Australia, she has risen to the role of Senior Artswoker at Djilpin Arts Aboriginal Corporation, now a multi-level contemporary arts centre and major employer for young people in her remote Northern Territory community.



Please donate to Project Compassion 2018 and help provide employment and training for First Australians, allowing them to remain on country and keep their culture alive, essential for a just future.

A Just Future starts with your support! You can donate through Parish boxes and envelopes, by visiting www.caritas.org.au/projectcompassion or phoning 1800 024 413.

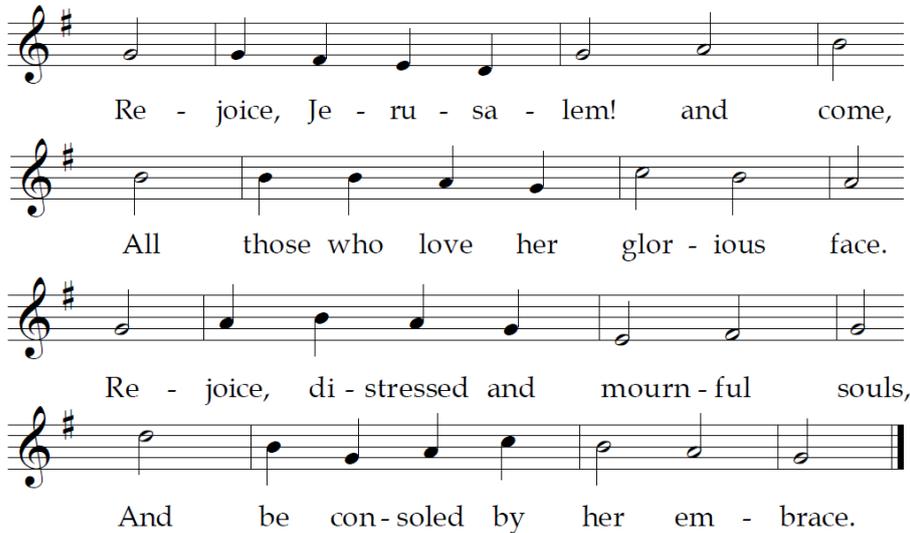
MUSIC at the 10.00am Solemn Mass

Celebrant: Fr Peter Brannelly

ENTRANCE SONG

Isaiah 66:10 – 11

At the sound of the bell, the Cathedral Choir processes from the Sacristy singing the Introit. The assembly **responds** as the Choir and Ministers process towards the altar with the following translation of the Introit text. The first verse (which is the Antiphon) is repeated after the third verse.



Re - joice, Je - ru - sa - lem! and come,
All those who love her glor - ious face.
Re - joice, di - stressed and mourn - ful souls,
And be con - soled by her em - brace.

**2. Jerusalem: with what great joy
I heard them say, "Let us go there!"
And now at last we take our stand
Within her gates to make our prayer.**

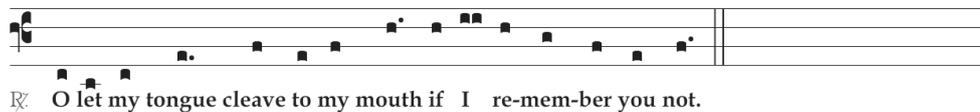
**3. Jerusalem: a city built
To be a place of unity;
The tribes go up, the tribes of God,
To praise God's name eternally.**

KYRIE

Missa l'Hora Passa
Music: Tomas Luis de Victoria (1548-1611)

RESPONSORIAL PSALM

Ps 136



℟ O let my tongue cleave to my mouth if I re-mem-ber you not.

GOSPEL ACCLAMATION

John 3:16



℟ Praise to you, Lord Je-sus Christ, King of end-less glo-ry.

OFFERTORY MOTET

Phil 4: 4-8

Rejoice in the Lord always, and again I say rejoice. Let your softness be known unto all men. The Lord is even at hand, be careful for nothing, but in all prayer and supplication let your petitions be manifest unto God with giving thanks, and the peace of God which passeth all understanding keep your hearts and minds through Christ Jesu. Amen.

Music: Anonymous

SANCTUS

CWB 11a

MEMORIAL ACCLAMATION

CWB 12a

AGNUS DEI

Missa l'Hora Passa (Victoria) and CWB 77

COMMUNION ANTIPHON & PSALM

Ps 121:3-4

Ierusalem, quae aedificatur ut civitas, cuius participatio eius in idipsum: illuc enim ascenderunt tribus Domini, ad confitendum nomini tuo, Domine. | Jerusalem, built as a city whose parts are bound firmly together! It is there that the tribes go up, the tribes of the Lord, to give thanks unto you name, O Lord.

COMMUNION HYMN

May this Lenten discipline

CWB 295

ORGAN VOLUNTARY

Attende Domine, Op.12

Jeanne Demessieux (1921-1968)

Acknowledgements: *Rejoice, Jerusalem!* Christoph Tietze © 2005 World Library Publications. ONE LICENSE #A-62361; Introit vv. 2–3 Christopher Webber © 1985, used with author's permission.

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