

# Benediction Hymns and Prayer

## O SAVING VICTIM

O saving victim, op'ning wide  
The gate of heav'n to us below.  
Our foes press on from ev'ry side,  
Thine aid supply, thy strength bestow.

All praise and thanks to thee ascend  
For evermore, blest One in Three;  
O grant us life that shall not end,  
In our true native land with thee.  
Amen.

## HYMN OF ADORATION

Down in adoration falling,  
This great sacrament we hail;  
Ancient types have long departed  
Newer rites of grace prevail  
Faith for all defects supplying  
Where the feeble senses fail.

Glory let us give and blessing  
To the Father and the Son,  
honour, might and praise addressing  
while eternal ages run;  
Equal praise to him confessing  
who proceeds from both as one.  
AMEN

V. You have given them bread from heaven  
R. Having in itself all delight.

## SOUL OF MY SAVIOUR

Soul of my Saviour, sanctify my breast;  
Body of Christ, be thou my saving guest;  
Blood of my Saviour, bathe me in thy tide,  
Wash me with water flowing from thy side.

Strength and protection may thy Passion be;  
O blessed Jesus, hear and answer me;  
Deep in thy wounds, Lord, hide and shelter me;  
So shall I never, never part from thee.

Guard and defend me from the foe malign;  
In death's dread moments make me only thine.  
Call me and bid me come to thee on high,  
When I may praise thee with thy saints for aye.

## PRAYER FOR PRIESTLY & RELIGIOUS VOCATIONS

**Celebrant:** At the sight of the crowds,  
Jesus' heart was moved.

**Response:** For they were like sheep  
without a shepherd.

**Celebrant:** Jesus said, 'The harvest is  
ready.'

**Response:** But the labourers are few.

**Celebrant:** Ask the Lord to send our  
labourers for the harvest.

**Response:** O Lord, we pray for more  
young people to answer the call to become  
priests and religious in your harvest.

**Celebrant:** And shepherd for your people.

**Response:** Amen.



## WEEKDAY PRAYER SHEET

10th June — 15th June 2024  
10TH WEEK OF ORDINARY TIME  
YEAR B

### MONDAY 10th June 2024

*Monday, 10th Week in Ordinary Time*

#### ENTRANCE ANTIPHON:

The Lord is my light and my salvation;  
whom shall I fear?

The Lord is the stronghold of my life;  
whom should I dread?

When those who do evil draw near,  
they stumble and fall.

**FIRST READING:** 1 Kings 17:1-6

**RESPONSORIAL PSALM:** Ps 120

**R.** Our help is from the Lord  
who made heaven and earth.

I lift up my eyes to the mountains:  
from where shall come my help?

My help shall come from the Lord  
who made heaven and earth. **R.**

May he never allow you to stumble!  
Let him sleep not, your guard.

No, he sleeps not nor slumbers,  
Israel's guard. **R.**

The Lord is your guard and your shade;  
at your right side he stands.

by day the sun shall not smite you  
nor the moon in the night. **R.**

The Lord will guard you from evil,  
he will guard your soul.

The Lord will guard your going and coming  
both now and for ever. **R.**

**GOSPEL ACCLAMATION:**

Alleluia, alleluia!  
Rejoice and be glad;  
your reward will be great in heaven.  
Alleluia!

**GOSPEL:** Matthew 5:1-12

**COMMUNION ANTIPHON:**

The Lord is my rock, my fortress,  
and my deliverer;  
my God is my saving strength.

### TUESDAY 11th June 2024

*St Barnabas (Memorial)*

#### ENTRANCE ANTIPHON:

Blessed is this holy man, who was worthy to  
be numbered among the Apostles,  
for he was a good man,  
filled with the Holy Spirit and with faith

**FIRST READING:** Acts 11:21-26; 13:1-3

**RESPONSORIAL PSALM:** Ps 97

**R.** The Lord has revealed to the nations his  
saving power.

Sing a new song to the Lord  
for he has worked wonders.  
His right hand and his holy arm  
have brought salvation. **R.**

The Lord has made known his salvation;  
has shown his justice to the nations.  
He has remembered his truth and love  
for the house of Israel. **R.**

All the ends of the earth have seen  
the salvation of our God.  
Shout to the Lord all the earth,  
ring out your joy. **R.**

Sing psalms to the Lord with the harp,  
with the sound of music.  
With trumpets and the sound of the horn  
acclaim the King, the Lord. **R.**

**GOSPEL ACCLAMATION:**

Alleluia, alleluia!  
Go and teach all people my gospel,  
I am with you always until the end of the world.  
Alleluia!

**GOSPEL:** Matthew 10:7-13

**COMMUNION ANTIPHON:**

I no longer call you slaves,  
because a slave does not know  
what his master is doing.  
But I have called you friends,  
because I have told you  
everything I have heard from my Father.

**WEDNESDAY 12th June 2024**  
*Wednesday, 10th Week in Ordinary Time*

**ENTRANCE ANTIPHON:**

The Lord is my light and my salvation;  
whom shall I fear?

The Lord is the stronghold of my life;  
whom should I dread?

When those who do evil draw near, t  
hey stumble and fall.

**FIRST READING:** 1 Kings 18:20-39

**RESPONSORIAL PSALM:** Ps 15

**R.** Keep me safe, O God; you are my hope.

Preserve me, God, I take refuge in you.  
I say to the Lord: 'You are my God.' **R.**

Those who choose other gods increase their  
sorrows.

Never will I offer their offerings of blood.  
Never will I take their name upon my lips. **R.**

O Lord, it is you who are my portion and cup;  
it is yourself who are my prize.

I keep the Lord ever in my sight:  
since he is at my right hand, I shall stand  
firm. **R.**

You will show me the path of life,  
the fullness of joy in your presence,  
at your right hand happiness for ever. **R.**

**GOSPEL ACCLAMATION:**

Alleluia, alleluia!

Teach me your paths, my God,  
and lead me in your truth.

Alleluia!

**GOSPEL:** Matthew 5:17-19

**COMMUNION ANTIPHON:**

The Lord is my rock, my fortress,  
and my deliverer;

my God is my saving strength.

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**THURSDAY 13th June 2024**  
*St Anthony of Padua (Memorial)*

**ENTRANCE ANTIPHON:**

In the midst of the Church  
he opened his mouth,  
and the Lord filled him with the spirit of  
wisdom and understanding  
and clothed him in a robe of glory .

**FIRST READING:** 1 Kings 18:41-46

**RESPONSORIAL PSALM:** Ps 64

**R.** It is right to praise you in Zion, O God.

You care for the earth, give it water,  
you fill it with riches.

Your river in heaven brims over  
to provide its grain. **R.**

And thus you provide for the earth;  
you drench its furrows,

you level it, soften it with showers,  
you bless its growth. **R.**

You crown the year with your goodness.

Abundance flows in your steps,  
in the pastures of the wilderness it flows.  
The hills are girded with joy. **R.**

**GOSPEL ACCLAMATION:**

Alleluia, alleluia!

I give you a new commandment:  
love one another as I have loved you.  
Alleluia!

**GOSPEL:** Matthew 5:20-26

**COMMUNION ANTIPHON:**

The Lord is my portion:  
he is good to the soul that seeks him.

**FRIDAY 14th June 2024**  
*Friday, 10th week in Ordinary Time*

**ENTRANCE ANTIPHON:**

The Lord is my light and my salvation;  
whom shall I fear?

The Lord is the stronghold of my life;  
whom should I dread?

When those who do evil draw near,  
they stumble and fall.

**FIRST READING:** 1 Kings 19:9, 11-16

**RESPONSORIAL PSALM:** Ps 26

**R.** I long to see your face, O Lord.

O Lord, hear my voice when I call;  
have mercy and answer.

Of you my heart has spoken:  
'Seek his face.' **R.**

It is your face, O Lord, that I seek;  
hide not your face.

Dismiss not your servant in anger;  
you have been my help. **R.**

I am sure I shall see the Lord's goodness  
in the land of the living.

Hope in him, hold firm and take heart.  
Hope in the Lord! **R.**

**GOSPEL ACCLAMATION:**

Alleluia, alleluia!

Shine on the world like bright stars;  
you are offering it the word of life.

Alleluia!

**GOSPEL:** Matthew 5:27-32

**COMMUNION ANTIPHON:**

God is love, and whoever abides in love  
abides in God, and God in him.

**SATURDAY 15th June 2024**  
*Saturday, 10th Week in Ordinary Time*

**ENTRANCE ANTIPHON:**

The Lord is my light and my salvation;  
whom shall I fear?

The Lord is the stronghold of my life;  
whom should I dread?

When those who do evil draw near,  
they stumble and fall.

**FIRST READING:** 1 Kings 19:19-21

**RESPONSORIAL PSALM:** Ps 15

**R.** You are my inheritance, O Lord.

Preserve me, God, I take refuge in you.  
I say to the Lord: 'You are my God.'

O Lord, it is you who are my portion and cup;  
it is you yourself who are my prize. **R.**

I will bless the Lord who gives me counsel,  
who even at night directs my heart.

I keep the Lord ever in my sight:  
since he is at my right hand, I shall stand  
firm. **R.**

And so my heart rejoices, my soul is glad;  
even my body shall rest in safety.

For you will not leave my soul among the  
dead,  
nor let your beloved know decay. **R.**

**GOSPEL ACCLAMATION:**

Alleluia, alleluia!

Turn my heart to do your will;  
teach me your law, O God.

Alleluia!

**GOSPEL:** Matthew 5:33-37

**COMMUNION ANTIPHON:**

The Lord is my rock, my fortress,  
and my deliverer;

my God is my saving strength.

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