Benediction Hymns and Prayer

O SAVING VICTIM

O saving victim, op'ning wide The gate of heav'n to us below. Our foes press on from ev'ry side, Thine aid supply, thy strength bestow.

All praise and thanks to thee ascend For evermore, blest One in Three; O grant us life that shall not end, In our true native land with thee. Amen.

HYMN OF ADORATION

Down in adoration falling, This great sacrament we hail; Ancient types have long departed Newer rites of grace prevail Faith for all defects supplying Where the feeble senses fail.

Glory let us give and blessing To the Father and the Son, honour, might and praise addressing while eternal ages run; Equal praise to him confessing who proceeds from both as one. AMEN V. You have given them bread from heaven

R. Having in itself all delight.

GOD WITH HIDDEN MAJESTY

God with hidden majesty, lies in presence here, I with deep devotion my true God revere: Whom this outward shape and form secretly contains, Christ in his divinity manhood still retains.

All my other senses, cannot now perceive, But my hearing, taught by faith, always will believe: I accept whatever God the Son has said: Those who hear the word of God, by the truth are fed.

Blest reminder of the death suffered for the world, Sacrament of living bread, health to every mind, Let my soul approach you, live within your grace, Let me taste the perfect joys time shall not efface.

PRAYER FOR PRIESTLY & RELIGIOUS VOCATIONS

Celebrant: At the sight of the crowds, Jesus' heart was moved.

Response: For they were like sheep without a shepherd.

Celebrant: Jesus said, 'The harvest is ready.'

Response: But the labourers are few.

Celebrant: Ask the Lord to send our labourers for the harvest.

Response: O Lord, we pray for more young people to answer the call to become priests and religious in your harvest.

Celebrant: And shepherd for your people. **Response**: Amen.





MONDAY 20th MAY 2024 Mary, Mother of the Church (Memorial)

ENTRANCE ANTIPHON: The disciples devoted themselves with one accord to prayer with Mary, the Mother of Jesus.

FIRST READING: Acts 1:12-14

RESPONSORIAL PSALM: Ps 86 R. Of you are told glorious things, O city of God!

On the holy mountain is his city cherished by the Lord. The Lord prefers the gates of Zion to all Jacob's dwellings. R.

Of you are told glorious things, O city of God! Zion shall be called 'Mother' for all shall be her children. R.

It is he, the Lord Most High, who gives each his place. In his register of peoples he writes: 'These are her children' and while they dance they will sing; 'In you all find their home.' R.

GOSPEL ACCLAMATION:

Alleluia, alleluia! Happy are you, holy Virgin Mary, deserving of all praise; from you rose the sun of justice, Christ the Lord. Alleluia!

GOSPEL: John 19:25-34

COMMUNION ANTIPHON:

As he hung upon the cross, Jesus said to the disciple whom he loved: Behold your mother.

WEEKDAY PRAYER SHEET

20th May — 25th MAY 2024 7TH WEEK OF ORDINARY TIME YEAR B

> TUESDAY 21st MAY 2024 Tuesday of the 7th Week in Ordinary Time

ENTRANCE ANTIPHON:

O Lord, I trust in your merciful love. My heart will rejoice in your salvation. I will sing to the Lord who has been bountiful with me.

FIRST READING: James 4:1-10

RESPONSORIAL PSALM: Ps 54 R. Throw your cares on the Lord, and he will support you.

O that I had wings like a dove to fly away and be at rest. So I would escape far away and take refuge in the desert. **R**.

I would hasten to find a shelter from the raging wind, from the destructive storm, O Lord, and from their plotting tongues. R.

For I can see nothing but violence and strife in the city. Night and day they patrol high on the city walls. R.

Entrust your cares to the Lord and he will support you. He will never allow the just man to stumble. R.

GOSPEL ACCLAMATION:

Alleluia, alleluia! My only glory is the cross of our Lord Jesus Christ, which crucifies the world to me and me to the world. Alleluia!

GOSPEL: Mark 9:30-37

COMMUNION ANTIPHON:

Lord, I have come to believe that you are the Christ, the Son of the living God, who is coming into this world.

WEDNESDAY 22nd May 2024

Wednesday of the 7th Week in Ordinary Time

ENTRANCE ANTIPHON:

O Lord, I trust in your merciful love. My heart will rejoice in your salvation. I will sing to the Lord who has been bountiful with me.

FIRST READING: James 4:13-17

RESPONSORIAL PSALM: Ps 48 R. Happy the poor in spirit; the kingdom of heaven is theirs!

Hear this, all you peoples, give heed, all who dwell in the world, men both low and high, rich and poor alike! R.

Why should I fear in evil days the malice of the foes who surround me. men who trust in their wealth. and boast of the vastness of their riches? R.

For no man can buy his own ransom, or pay a price to God for his life. The ransom of his soul is beyond him. He cannot buy life without end, nor avoid coming to the grave. R.

He knows that wise men and fools must both perish

and leave their wealth to others. R.

GOSPEL ACCLAMATION:

Alleluia, alleluia! I am the way, the truth, and the life, says the Lord; no one comes to the Father, except through me. Alleluia!

GOSPEL: Mark 9:38-40

COMMUNION ANTIPHON:

I will recount all your wonders, I will rejoice in you and be glad, and sing psalms to your name, O Most High.

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Your financial support of the Cathedral Parish is always appreciated.

THURSDAY 23rd May 2024 Thursday of the 7th Week in Ordinary Time

ENTRANCE ANTIPHON:

O Lord. I trust in your merciful love. My heart will rejoice in your salvation. I will sing to the Lord who has been bountiful with me.

FIRST READING: James 5:1-6

RESPONSORIAL PSALM: Ps 48 R. Happy the poor in spirit; the kingdom of heaven is theirs!

Hear this, all you peoples, give heed, all who dwell in the world. men both low and high, rich and poor alike! R.

Why should I fear in evil days the malice of the foes who surround me, men who trust in their wealth. and boast of the vastness of their riches? R.

For no man can buy his own ransom, or pay a price to God for his life. The ransom of his soul is beyond him. He cannot buy life without end, nor avoid coming to the grave. R.

He knows that wise men and fools must both perish and leave their wealth to others. R.

GOSPEL ACCLAMATION: Alleluia. alleluia!

I am the way, the truth, and the life, says the Lord; no one comes to the Father, except through me. Alleluia!

GOSPEL: Mark 9:38-40

COMMUNION ANTIPHON:

I will recount all your wonders, I will rejoice in you and be glad, and sing psalms to your name, O Most High.

FRIDAY 24th May 2024 Our Lady Help of Christians (Solemnity)

ENTRANCE ANTIPHON:

Who is this arising like the dawn, fair as the moon, resplendent as the sun, terrible as an army with banners.

FIRST READING: Proverbs 31:10-13, 19-20, 30-31

RESPONSORIAL PSALM: Judith 13:18-20

R. You are the highest honour of our race!

May you be blessed, my daughter, by God Most High, beyond all women on earth: and may the Lord God be blessed, the Creator of heaven and earth. R.

The trust you have shown shall not pass from the memories of men, but shall ever remind them of the power of God. R.

God grant you be always held in honour, and rewarded with blessings. since you did not consider your own life when our nation was brought to its knees. R.

SECOND READING: James 3:13-18

GOSPEL ACCLAMATION:

Alleluia. alleluia! Blessed are vou. O Virgin Marv. for vour firm believing, that the promises of the Lord would be fulfilled. Alleluia!

GOSPEL: 1 uke 1:39-56

COMMUNION ANTIPHON:

Blessed are you, O Virgin Mary, by the Lord God Most High, above all women on the earth; for he has so exalted your name, that your praise shall be undying on our lips.

SATURDAY 25th May 2024 Saturday of the 7th Week in Ordinary Time

ENTRANCE ANTIPHON:

O Lord, I trust in your merciful love. My heart will rejoice in your salvation. I will sing to the Lord who has been bountiful with me.

FIRST READING: James 5:13-20

RESPONSORIAL PSALM: Ps 140

R. Let my prayer come like incense before vou.

I have called to you, Lord; hasten to help me! Hear my voice when I cry to you. Let my prayer come before you like incense, the raising of my hands like an evening oblation. R.

Lord, set a guard over my mouth; keep watch at the door of my lips! To you. Lord God, my eyes are turned; in you I take refuge: spare my soul! R.

GOSPEL ACCLAMATION:

Alleluia. alleluia! Blessed are you, Father, Lord of heaven and earth: you have revealed to little ones the mysteries of the kingdom. Alleluia!

GOSPEL: Mark 10:13-16

COMMUNION ANTIPHON:

Lord, I have come to believe that you are the Christ, the Son of the living God, who is coming into this world.

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